EVIDENCE OF ADENOMYOSIS IN FETUSES: ANOTHER EMERGING PIECE IN RESOLVING THE ENDOMETRIOSIS PUZZLE

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BACKGROUND

Endometriosis affects approximately 10% of the female population in their reproductive years and represents one of the most common human diseases. The most widely accepted theory of origin is Sampson's theory of reflux menstruation. Sampson's classification of heterotopic endometrial tissue is based on pathogenesis:

- 1) "direct or primary endometriosis" [adenomyosis];
- 2) "peritoneal or implantation endometriosis";
- 3) "transplantation endometriosis";

- 4) "metastatic endometriosis";
- 5) "developmentally misplaced endometrial tissue".

In order to test the hypothesis of congenital adenomyosis ("developmentally misplaced endometrial tissue"), we designed a prospective study of uteri in fetuses terminated spontaneously or for lethal malformations. Histology with systematic serial sections were performed in 420 fetal uteri.

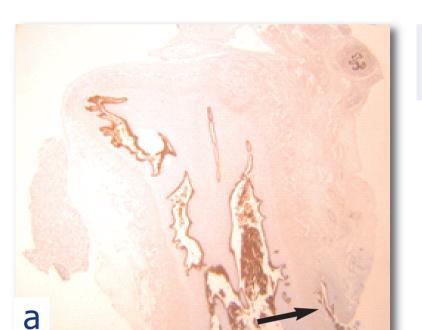
FINDINGS

Adenomyosis was observed in a total of 10 (2,4%) fetuses aged from 19 to 37 weeks. There was no increase in the threshold toward adenomyosis in the fetuses presenting malformations of the uro-genital system.

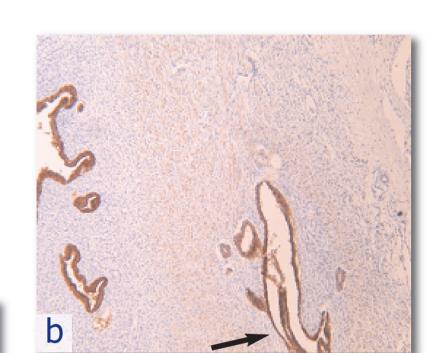
INTERPRETATION

These data suggest that adenomyosis might be present from the fetal stage, with possible genetic backgrounds in some cases. Furthermore, our results enhance a novel etiopathogenetic concept of adenomyosis as a developmental defect of differentiation or migration of the mullerian duct system during embryogenesis.

Fig.1: Histological appearance of uterus in patient 5 (24 weeks).



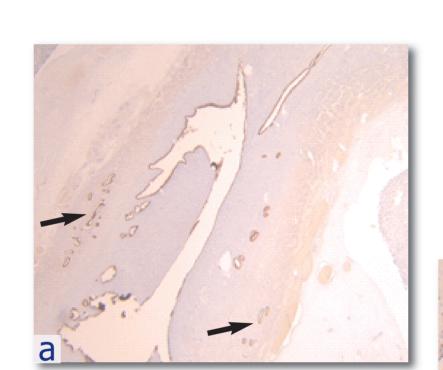
a: (EMA): presence of endometrial EMA + nests in the myometrium close to the posterior wall of the uterus.



b: (EMA): ectopic endometrial cells at higher magnification

c: (SMA): strong actin positivity in the surrounding mesenchyme. Original magnification, X1,6 (a), X10 (b), X20 (c).

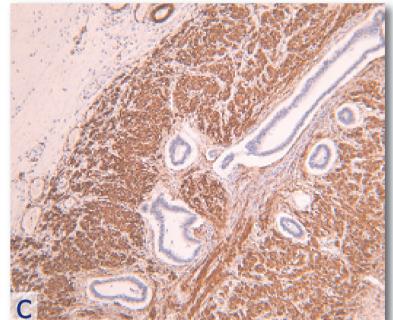
Fig.2: Histological and immunohistological appearance of uterus in patient 9 (26,5 weeks).



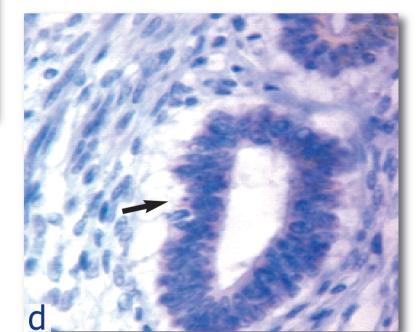
a: (EMA): presence of multiple ectopic endometrial EMA+ foci in the myometrium close to the posterior wall on both sides of the uterus.



b: (EMA): closer view to the ectopic epithelium strongly labelled by EMA.



c: (SMA): actin positivity in the surrounding mesenchyme.



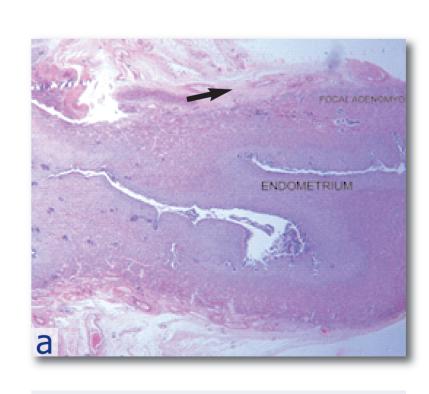
d: (RA): strong labelling of epithelial cells. Original magnification, X1,6 (a), X10 (b, c), X20 (d).

Table 1: Clinical features of the 10 patients presenting focal adenomyosis

PATIENT	GEST. AGE (wg)	IUFD/TOP	CARYOTYPE	CLINICAL FINDINGS	G/P
1	19	TOP	Trisomy 18	Growth retardation, Facial dysmorphia, Camptodactyly	G1
2	25	TOP	Normal	Bilateral renal agenesis	G1
3	18	TOP	Normal	Osteogenesis imperfecta	G2P0
4	37.4	Neonatal demise	Normal	Congenital Diaphragmatic Hernia	Non documented
5	24	TOP	Normal	Fetal Akinesia Deformation Sequence	G1
6	34	TOP	Normal	Cerebral anomalies	G5P0
7	27	IUFD	Normal	Pierre Robin, Adactyly / Syndactyly	G1
8	25.2	IUFD	Non performed	Placental vascular pathology	G4P3
9	26.5	TOP	Normal	Heart malformation, Clefting	G1
10	24	TOP	Normal	Cerebral anomalies	G1

<u>Legend</u>: **IUFD**: in utero fetal demise, **TOP**: termination of pregnancy, **wg**: weeks of gestation, **G/P**: gestity/parity

Fig.3: Histology of uterus in patient 2 (25 weeks).



a: (H&E): presence of ectopic endometrial focus in the myometrium close to the posterior wall of the uterus.



b: (H&E): closer view with typical glandular appearence of adenomyotic foci. Original magnification, X1,6 (a), X20 (b).

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